

2025 Flag Rock 5K Trail Run

Time	First	Last	Age	Sex	City	State
26:07	Mason	Caldwell	22	M	Big Stone Gap	VA
26:08	Brandyn	Ward	16	M	Jonesville	VA
26:43	Chase	Scott	17	M	Wise	VA
26:49	Andrew	Shelton	46	M	Gate City	VA
28:33	Luke	Brogden	40	M	Kingsport	TN
29:09	Mike	Harding	59	M	Wise	VA
29:24	Landon	Adams	13	M	Norton	VA
30:41	Braylon	Barreth	11	M	Norton	VA
31:01	Annette	Stevens	33	F	Kingsport	TN
31:30	Sheena	Caldwell	40	F	Big Stone Gap	VA
31:32	Brock	Dishnar	24	M	Norton	VA
31:53	Matt	Dotson	35	M	Wise	VA
31:57	Leah	Harvey	16	F	Norton	VA
32:19	Payton	Welch	17	M	Big Stone Gap	VA
35:48	Amanda	Tipton	47	F	Kingsport	TN
36:04	Vijay	Kumar	46	M	Kingsport	TN
36:16	Cassie	Mullis	34	F	Norton	VA
37:15	Jessica	Stallard	11	F	Norton	VA
37:34	Brayden	Sturgill	16	M	Castlewood	VA
37:35	Chasten	Richardson	15	M	Norton	VA
37:39	Loxleigh	Hood	14	F	Norton	VA
37:40	Ava	Stough	16	F	Norton	VA
38:49	Landon	Rakes	15	M	Norton	VA
39:27	Anya	Mullins	16	F	Norton	VA
39:28	Lindsey	Harvey	14	F	Norton	VA
39:30	Katrina	Smith	41	F	Grays Knob	KY
39:57	Annette	Rebel	56	F	Nicholasville	KY
40:03	Patricia	Carter	66	F	North Port	FL
42:07	Patsy	Cantor	54	F	Jonesborough	TN

45:33	Larry	Carter	59	M	Jonesville	VA
46:07	Jack	Starnes	81	M	Wise	VA
46:14	Brennan	Barreth	32	M	Norton	VA
46:36	Jeannine	Sanders	41	F	Johnson City	TN
46:46	Gary	Maggard	63	M	Wise	VA
50:36	Shannon	Joyce	26	F	Norton	VA
53:42	Megyn	Duff	15	F	Wise	VA
53:45	Cam	Stidham	14	M	Duffield	VA
56:58	Sharon	Shuttle	58	F	Blountville	TN
1:03:39	Jamie	Aker	39	F	Pikeville	KY